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CARVEL experiment with ${}^{48}CaWO_4$ crystal scintillators for the double β decay study of ⁴⁸Ca

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This paper is dedicated to memory of Yuri Georgievich Zdesenko, Doctor of Physical and Mathematical Sciences, Professor, Corresponding Member of the Ukrainian National Academy of Sciences, Physicist, Man and Teacher, who made during his life important contributions to studies of double beta decay and other rare nuclear processes

Abstract

The CARVEL (CAlcium Research for VEry Low neutrino mass) experiment to search for the double β decay of 48Ca with the help of enriched ⁴⁸CaWO₄ crystal scintillators has been considered. Scintillation properties (en olution, α/β ratio, pulse-shape discrimination ability) and radiopurity of CaWO₄ scintillators were studied. Despite rather high radioactive contaminations, the background rate of the CaWO₄ detector in the energy region 3.6– 5.4 MeV (energy window of the ⁴⁸Ca neutrinoless 2 β decay) was reduced down to 0.07 counts/(yr keV kg). With \approx 100 kg array of the ⁴⁸CaWO₄ crystals the sensitivity of the CARVEL experiment (in terms of the half-life limit for the 0v2 β decay) is estimated as $T_{1/2}^{0\nu} > 10^{27}$ yr. This value corresponds to the neutrino mass constraint $m_v < (0.04-$ 0.09) eV.

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1. Introduction

The great interest to the neutrinoless $(0v)$ double beta decay [\[1–5\]](#page-13-0) have arisen from the recent observations of neutrino oscillations [\[6–9\],](#page-13-0) strongly suggesting that neutrino have nonzero mass (m_v) . Indeed, the 0v2 β decay—forbidden in the Standard Model (SM) since it violates lepton number (L) conservation—requires neutrinos to be massive Majorana particles [\[10\]](#page-13-0). At the same time, many extensions of the SM incorporate L violating interactions and, thus, could lead to this process, which, if observed, will be a clear evidence for a new physics beyond the SM and an unique confirmation of the Majorana nature of the neutrino.While oscillation experiments are sensitive to the neutrino mass difference, only the measured 0ν 2 β decay rate can give the absolute scale of the effective Majorana neutrino mass, which could allow one to test different neutrino mixing models.

Despite numerous efforts, the $0\nu2\beta$ decay still remains unobserved (see latest reviews [\[1–5,11\]](#page-13-0)) and only half-life limits for 0v mode were set in direct measurements with several nuclides: $T_{1/2}^{0\nu} \ge 0$ 10^{22} yr for ⁴⁸Ca [\[12\];](#page-13-0) $T_{1/2}^{0\nu} \ge 10^{23}$ yr for ⁸²Se, ¹⁰⁰Mo [\[13\],](#page-13-0) 116 Cd [\[14\],](#page-13-0) 128 Te, 130 Te [\[15\]](#page-13-0), 136 Xe [\[16\],](#page-13-0) and $T_{1/2}^{0\nu} \geq 10^{25}$ yr for ⁷⁶Ge [\[17,18\]](#page-13-0). The best of them are given in Table 1. These bounds have already brought the most stringent restrictions on the values of the Majorana neutrino mass $(m_v \le 0.3-$ 2 eV), the right-handed admixture in the weak interaction $(\eta \approx 10^{-8}, \lambda \approx 10^{-6})$, the neutrino-Majoron coupling constant $(g_M \approx 10^{-4})$, and the R-parity violating parameter of minimal supersymmetric standard model $(\approx 10^{-4})$ [\[1–3,11\]](#page-13-0).

Moreover, nowadays the 2β decay research is entering new era, when *discovery* of the $0v2\beta$ decay has become realistic. As it is suggested by oscillation data, this goal could be reached if the present level of the experimental sensitivity will be enhanced to $m_v \approx 0.01$ eV–0.05 eV [\[21–23\]](#page-13-0). However, at the end of 2001 the discovery of the neutrinoless 2 β decay of ⁷⁶Ge with half-life of 1.5×10^{25} yr $(m_v = 0.39 \text{ eV})$ has been claimed [\[24\],](#page-14-0) which then was strongly criticized in Refs. [\[25,26,20\].](#page-14-0) Nevertheless, recently Heidelberg group has claimed

^a The NME calculations of Ref. [\[19\]](#page-13-0) were chosen because of the most extensive list of 2β nuclei calculated in that work, allowing one to compare the sensitivity of different experiments to the m_v bound within the same scale.
^b Results were established [\[20\]](#page-13-0) by analyzing the cumulative

data sets of the Heidelberg-Moscow [\[17\]](#page-13-0) and IGEX [\[18\]](#page-13-0) experiments.

again their observation of the effect, but now with 4σ confidence level and with the best fit corresponding to neutrino mass of $\approx 0.4 \text{ eV}$ [\[27\].](#page-14-0) It is stated by authors that improved statistical significance is due to slightly increased exposure (additional \approx 17 kg \times yr) and mostly due to careful re-analysis of their previous data (\approx 55 kg \times yr). Hence, in order to check this intriguing claim, it would be very important now to realize another experiment with 76 Ge as well as experiments with other nuclides, which can be constructed during reasonable time and will be really able to observe the $0\nu2\beta$ decay rate corresponding to neutrino mass $m_v \approx 0.1$ eV.

1.1. Sensitivity of the 2β decay experiments

In order to determine factors, on which sensitivity of 2β decay experiments depends on, let us consider carefully Table 1 with the best results. One can note that most of them were obtained by using so-called ''active'' source technique, in which a detector, containing 2β candidate nuclei, serves simultaneously as source. This technique has the following advantages: (a) 2β source is measured in 4π geometry and self-absorption of the electrons in a source is absent, (b) the energy resolution of the detector does not depend on the angular and energy distribution of the electrons emitted in 2 β decay. The points (a) help to increase the detection efficiency (which is typically close to 100%), while (b) is useful to discriminate the effect from background.

There exists another class of 2 β decay experiments with ''passive'' source, where the latter is placed (e.g., in form of foil) between two detectors. The advantage of this approach is the possibility to obtain (with the help of proper detectors) full information about 2β decay event: time coincidence, tracks and vertex of the emitted electrons, their energies and angular distribution.However, self-absorption of emitted electrons in the source decreases detection efficiency and causes the broadening and shifting of the $0\nu2\beta$ decay peak to the lower energies, which make it difficult to discriminate the effect from background.

It is also interesting to stress that experiments, other than those with ⁷⁶Ge, offer m_v bounds in the range of \approx 1–2 eV, which is not so drastically weaker, especially taking into account that, e.g., ¹¹⁶Cd result was obtained with the small detector $(^{116}$ CdWO₄ crystal scintillators with ≈ 0.1 kg of 116 Cd) [\[14\]](#page-13-0) in contrast with those used for 76 Ge studies (\approx 10 kg of enriched HP ⁷⁶Ge detectors [\[17,18\]\)](#page-13-0). This fact could be explained mainly due to the larger energy release available for 2β decay of ¹¹⁶Cd ($Q_{\beta\beta}$ = 2809 keV) as compared with that of 76 Ge ($Q_{\beta\beta}$ = 2039 keV). First, it is because that the $0\nu2\beta$ decay probability strongly depends on $Q_{\beta\beta}$ value, roughly as $Q_{\beta\beta}^5$ [\[28\]](#page-14-0). Secondly, the larger the 2β decay energy, the simpler it is—from an experimental point of view—to overcome background problems.Let us remember that the background from natural radioactivity drops sharply above 2615 keV, which is the energy of γ 's from 208 Tl decay $(^{232}$ Th family).

All these facts demonstrate the importance of the development of new detectors, containing 2β decay candidate nuclides with as large $Q_{\beta\beta}$ energy release as possible. Among 35 double β^- decay candidates available in nature, there are only six (including ¹¹⁶Cd), whose $Q_{\beta\beta}$ values exceed 2.6 MeV: ⁴⁸Ca (4274 keV) , $82\frac{82}{\text{ sec}}$ (2995 keV), $96\frac{\text{sec}}{\text{sec}}$ (3348 keV), 100 Mo (3035 keV), and 150 Nd (3368 keV) [\[29\]](#page-14-0).

Since 48 Ca has the highest $Q_{\beta\beta}$ energy, the development of the appropriate detector with Ca nuclei would be of considerable interest for the future 2b decay experiments.However, apart from a reasonable content of candidate nuclei, detector for 2β study should satisfy certain demands to its radiopurity, because the latter restricts the level of residual background, which could be reached with the detector. Besides, the energy resolution of the detector is a very important characteristic. Foremost, with the high energy resolution it is possible to minimize the irreducible background produced by the $2\nu2\beta$ decay events. It is because for the case of a poor resolution, the events from the high energy tail of the $2v$ distribution could run into the energy window of the $0v$ peak and, thus, generate the background which cannot be discriminated from the $0\nu2\beta$ decay signal, even in principle.However, the better is the energy resolution, the smaller part of the $2v$ tail can fall within the 0 ν interval [\[3,30,31\]](#page-13-0).

Likewise, the role of the energy resolution of the detector is even more crucial for the discovery of the $0\nu2\beta$ decay. Indeed, this process manifests itself by the peak at $Q_{\beta\beta}$ energy, whose width is determined by the energy resolution of the detector.Hence, the latter should be sufficient to discriminate this peak from background and to recognize the effect [\[31\]](#page-14-0).

One possible detector for the 2β decay study of ^{48}Ca is the calcium tungstate (CaWO₄) crystal scintillator [\[32\]](#page-14-0), whose physical properties are similar to those of $CdWO₄$ scintillators already applied in the 2β experiment with 116 Cd [\[14\]](#page-13-0). Moreover, CaWO4 scintillators were considered [\[33,34\]](#page-14-0) as promising detectors for the dark matter particle quest. $\frac{1}{1}$ The reason is that these crystals

Weakly interacting massive particles (WIMPs)—in particular neutralino, predicted by the Minimal Supersymmetric extension of the SM—are considered as possible component of the dark matter in the Universe.It is supposed that WIMPs interact with matter through scattering on nuclei, and hence, producing low energy nuclear recoils.At present the most sensitive experiments for WIMPs search apply different detectors: Ge semiconductor detectors, low temperature bolometers, and scintillators (see reviews [\[35\]](#page-14-0)).

can also work as cryogenic detectors, and hence, allows one to detect phonon and scintillation light signals simultaneously. Such an approach could provide a powerful tool for discrimination of the effect (signals of recoil nuclei) from the background events caused by electrons, alpha particles, etc.Because of an extremely low counting rate expected in direct WIMPs experiments, and because of small energy of recoil nuclei, the WIMPs searches require detectors with the low energy threshold (\approx 10 keV), and with the low level of background, that is with the tiny radioactive contaminations.

The purpose of our work is to study the scintillation properties and radioactive contamination of the CaWO4 crystal scintillators and to develop on this basis the high sensitivity experiment for the double beta decay searches.

2. Measurements and results

For our studies three clear, colorless CaWO₄ crystals $(20 \times 20 \times 10 \text{ mm}, 40 \times 34 \times 23 \text{ mm}, \text{ and}$ \varnothing 40 × 39 mm) were grown by Czochralski method. Their scintillation properties were studied and re-ported in [\[36\].](#page-14-0) The main characteristics of the CaWO4 scintillators are presented in Table 2 together with those of well known cadmium tungstate ($CdWO₄$) scintillators given for comparison. Both crystals are chemically resistant and nonhygroscopic. Radioactive contaminations of the

Table 2 Properties of $CaWO₄$ and $CdWO₄$ crystal scintillators

Physical parameter	CaWO ₄	CdWO ₄
Density (g/cm^3)	6.1	8.0
Melting point $(^{\circ}C)$	1570-1650	1325
Structural type	Sheelite	Wolframite
Cleavage plane	(101)	(010)
Hardness (Mohs)	$4.5 - 5$	$4 - 4.5$
Wavelength of emission maximum (nm)	$420 - 430$	480
Refractive index	1.94	$2.2 - 2.3$
Effective average decay time ^a	$8 \mu s$	$13 \mu s$
Photoelectron yield relative to $NaI(Tl)a$	\approx 18%	\approx 20%

 a For γ rays, at indoor temperature.

crystals were measured in the low background set-up installed in the Solotvina Underground Laboratory (built in a salt mine 430 m underground or \simeq 1000 m of water equivalent) [\[37\]](#page-14-0). In the set-up a scintillation crystal was viewed by the special low-radioactive 5 ^{$\prime\prime$} photomultiplier tube (EMI D724KFLB) through the high purity quartz light-guide \emptyset 10 × 33 cm. The detector was surrounded by a passive shield made of teflon (thickness of 3–5 cm), plexiglass (6–13 cm), high purity copper (3–6 cm), lead (15 cm) and polyethylene (8 cm). Two plastic scintillators $(120 \times 130 \times$ 3 cm) installed above the passive shield were used as a cosmic muons veto.

Because of rather long decay time of CaWO4 scintillators, a special electronic unit [\[38\]](#page-14-0) was used for spectrometric measurements. Event-by-event data acquisition records information on the amplitude (energy), arrival time and pulse shape of a signal.For the latter, a transient digitizer based on the fast 12 bit ADC was used with the sample fre-quency of 20 MS/s [\[39\]](#page-14-0). Pulse shapes of events in the chosen energy interval (usually, higher than \approx 180 keV) were recorded in 2048 channels with 50 ns channel's width. The pulse-shape analysis, based on the optimal digital filter, ensures clear discrimination between γ rays and α particles, as well as rejection of false events, like double pulses, etc. [\[39,40\]](#page-14-0). Besides, the technique of the time– amplitude analysis of background data (described, e.g., in [\[14,41\]\)](#page-13-0) was used for recognition and selection of the short-living chains from 232 Th, 235 U and 238U families (trace contaminations of the CaWO4 crystals).

2.1. Response of CaWO₄ scintillators to γ rays and a particles

The $CaWO₄$ crystals, wrapped by teflon reflector tape, were viewed by the photomultiplier tube (PMT) Philips XP2412.The linearity, energy scale and resolution of the detectors were measured with γ sources ⁶⁰Co, ¹³⁷Cs, ²⁰⁷Bi, ²³²Th and 241 Am in the energy range of 60–2615 keV. As an example, the energy spectra measured by CaWO₄ scintillator (\varnothing 40 × 39 mm) with ¹³⁷Cs and ⁶⁰Co gamma sources are shown in Fig. 1a. Note, that the resolution $FWHM = 7.8\%$ at

Fig. 1. Energy spectra measured by a CaWO₄ crystal (\varnothing 40 × 39 mm) with ¹³⁷Cs and ⁶⁰Co sources for two arrangements: (a) standard, where the crystal wrapped by teflon reflector was directly coupled to PMT with optical glue; (b) the CaWO₄ crystal was placed in liquid and viewed by two distant PMTs (see text). (c) The same as (b) but with 232 Th source. Energies of γ lines are in keV.

662 keV is similar to that obtained with NaI(Tl) scintillators.

The crystal response to α particles (in the energy range of 0.5–5.3 MeV) was measured with the help of collimated beam of α particles from a ²⁴¹Am source and various sets of the thin mylar film absorbers (see for details [\[40\]\)](#page-14-0). Besides, α peaks of 147 Sm and nuclides from the 232 Th, $235\overline{U}$ and 238U chains, present in trace amount in the $CaWO₄ crystal$ (see below), were used to extend the energy interval up to $\simeq 8$ MeV. These peaks were selected with the help of the pulse-shape and time–amplitude analysis of the data obtained in the low background measurements with the $CaWO₄$ crystal. Within the energy interval 0.5–

2 MeV the measured α/β ratio ² decreases with increasing energy: $\alpha/\beta = 0.21(2) - 2.3(14) \times 10^{-5}$ E_{α} , while it increases above 2 MeV: $\alpha/\beta =$ $0.129(12) + 2.1(3) \times 10^{-5} E_{\alpha}$, where E_{α} is in keV. Because quenching of the scintillation light is due to higher ionization density caused by α particles in comparison with β particles [\[42\]](#page-14-0), the behaviour of the α / β ratio can be explained by the energy dependence of ionization density for α particles. The $CaWO₄$ crystals were irradiated in the

² The " α/β ratio" is defined as ratio of α peak position measured in the γ energy scale to the energy of α particles. Because γ quanta interact with detector by β particles we use more convenient term " α/β ratio".

directions perpendicular to main crystal planes with aim to check a possible dependence of the α signal on direction of irradiation.While earlier such a dependence has been found for $CdWO₄$ [\[40\],](#page-14-0) we did not observe it for $CaWO₄$ crystals.

2.2. Pulse-shape discrimination

The pulse shape of $CaWO₄$ scintillation signals can be described by the formula: $f(t) = \sum A_i$ $(\tau_i - \tau_0) \times (e^{-t/\tau_i} - e^{-t/\tau_0}), \quad t > 0$, where A_i are amplitudes (in %) and τ_i are decay constants for different light emission components, τ_0 is integration constant of electronics ($\approx 0.2 \,\mu s$). The following values were obtained by fitting the average of 4 thousand of individual pulses: $A_1^{\alpha} = 76\%, \tau_1^{\alpha} =$ 8.8 µs, $A_2^{\alpha} = 18\%, \tau_2^{\alpha} = 3.2$ µs, $A_3^{\alpha} = 6\%, \tau_3^{\alpha} = 0.3$ µs for \approx 4.6 MeV α particles and $A_1^{\gamma} = 82\%$, $\tau_1^{\gamma} =$ 9.0 µs, $A_2^{\gamma} = 15\%, \overline{\tau}_2^{\gamma} = 4.4$ µs, $A_3^{\gamma} = 3\%, \overline{\tau}_3^{\gamma} = 0.3$ µs for \approx 1 MeV γ quanta. This difference allows one to discriminate $\gamma(\beta)$ events from those of α particles.For this purpose we used the method of the optimal digital filter (for the first time proposed in [\[43\]](#page-14-0)), which previously was successfully applied with $CdWO₄$ scintillators [\[39\].](#page-14-0) To obtain the numerical characteristic of CaWO₄ signal, called the shape indicator (SI), each experimental pulse was processed with the following digital filter: $\text{SI} = \sum f(t_k) \times P(t_k) / \sum f(t_k)$, where the sum is over time channels k , starting from the origin of pulse and up to 75 μs , $f(t_k)$ is the digitized amplitude (at the time t_k) of the signal. The weight function $P(t)$ is defined as: $P(t) = {f_{\alpha}(t) - f_{\gamma}(t)}/I$ ${f_{\alpha}(t) + f_{\gamma}(t)}$, where $f_{\alpha}(t)$ and $f_{\gamma}(t)$ are the reference pulse shapes for α particles and γ quanta.

The shape indicator measured by $CaWO₄$ crystals for alpha particles in the $(1–5.3)$ MeV region depends on energy [\[36\]](#page-14-0) and does not depend on the direction of α irradiation relative to the crystal axes. For γ quanta no dependence of the SI on the energy (from 0.1 to 2.6 MeV) was observed. The distributions of the shape indicator measured with α particles ($E_{\alpha} \approx 5.3$ MeV) and γ quanta $(\approx 1.2 \text{ MeV})$ are depicted in the inset of Fig. 2 (the larger value of the shape indicator corresponds to the shorter decay time of the scintillation pulse).As it is seen, distinct discrimination between α particles and γ rays (β particles) was

Fig.2. Scatter plot of the shape indicator SI versus energy for 171 h background data measured with the $CaWO₄$ crystal scintillator (40 × 34 × 23 mm). Lines show $\pm 2\sigma$ region of SI for $\gamma(\beta)$ events. (Inset) The SI distributions measured in calibration runs with α particles (E_{α} = 5.3 MeV which corresponds to \approx 1.2 MeV in γ scale) and γ quanta (\approx 1.2 MeV).

achieved.As an illustration of the PS analysis, the background data (accumulated during 171 h with $CaWO₄ detector$ is shown in Fig. 2 as scatter plot for the SI values versus energy.In this plot one can see two clearly separated populations: the α events, which belong to U/Th families, and $\gamma(\beta)$ events.

2.3. Background and radioactive contamination of the $CaWO₄ crystal$

As mentioned earlier, the $CaWO₄$ crystal $(40 \times 34 \times 23 \text{ mm})$ was measured with the help of the low background set-up, installed in the Solotvina Underground Laboratory.The energy resolution of the detector was determined with several γ sources (${}^{60}Co$, ${}^{137}Cs$, ${}^{207}Bi$, ${}^{232}Th$ and ${}^{241}Am$) and can be fitted in the energy interval 60–2615 keV by the function: FWHM₇(keV) = $-3 + \sqrt{6.9E_\gamma}$, where E_{γ} is the energy of the γ quanta in keV. The routine calibrations were carried out weekly with ²⁰⁷Bi and ²³²Th sources.

The energy spectrum of the $CaWO₄$ detector, measured during 1734 h in the low background apparatus, is presented in Fig.3, where the data obtained with the $CdWO₄$ scintillator in the same set-up are shown for comparison. Both spectra are normalized by their measuring time and the corresponding detector mass.It is clear from this comparison, that radioactive contamination of the $CaWO₄$ crystal is much higher than that of the $CdWO₄$ one. With the aim to recognize the origins of these contaminations, the data accumulated with the $CaWO₄$ crystal were separated into α and β spectra with the help of the pulse-shape discrimination technique.

First, the α spectrum, which is depicted in Fig. 4, was analyzed.The total internal alpha activity in the crystal is ≈ 0.4 Bq/kg. The intense and clear peak at the energy 1.28 MeV is attributed to intrinsic 210 Po (daughter of 210 Pb from the 238 U family) with activity of 0.291(5) Bq/kg. Apparently, the equilibrium of the uranium chain in the crystal was broken during crystal production, because the peak of 238 U (see Inset (a) in Fig. 4) corresponds to a much lower activity of 14.0(5) mBq/ kg. Peaks of the uranium's daughters ^{234}U , ²³⁰Th, ²²⁶Ra are not resolved (their Q_{α} values are very close), however, the area of the total peak (at \approx 1.1 MeV) is in satisfactory agreement with the activity of 238 U and 226 Ra. Another member

Fig. 3. Energy spectra of $CaWO₄$ (mass of 0.189 kg, during 1734 h, dots) and $CdWO₄$ (0.448 kg, 36.6 h, filled histogram) scintillation crystals measured in the low background set-up. Beta decay of ¹¹³Cd (Q_B = 316 keV, $T_{1/2}$ = 7.7 × 10¹⁵ yr) dominates in the low energy part of the $CdWO₄$ background. Broad distribution in the spectrum of the $CaWO₄$ detector after 3 MeV is caused by the fast sequences $^{214}Bi \rightarrow ^{214}Po \rightarrow ^{210}Pb$ and ${}^{212}\text{Bi} \rightarrow {}^{212}\text{Po} \rightarrow {}^{208}\text{Pb}$ (see text).

Fig. 4. Energy spectrum of α events selected by the pulse-shape analysis from background data of Fig.3 measured with the CaWO4 detector.(Inset a) The same spectrum but scaled up.It is well reproduced by the model, which includes α decays of nuclides from 232 Th and 238 U families. (Inset b) Low energy part of the a spectrum.

of the family, 222 Rn, is not discriminated from ²¹⁰Po (an expected energy of α peak is \approx 1.34 MeV in γ scale), while ²¹⁸Po peak is well resolved. The activity of 226 Ra determined on the basis of the 218 Po peak area is 5.9(8) mBq/kg.

In the low energy part of alpha spectrum (Inset (b) in Fig. 4) the peak at the energy ≈ 0.8 MeV can be attributed to ²³²Th with an activity of 0.69(10) mBq/kg. A weak alpha peak with the energy in γ scale of 395(2) keV (corresponds to the energy of α particles 2243(9) keV) can be explained by traces of 147 Sm ($E_{\alpha} = 2247$ keV, $T_{1/2} = 1.06 \times$ 10^{11} yr, whose isotopic abundance is 15.0% [\[44\]\)](#page-14-0) with an activity 0.49(4) mBq/kg. The presence of ¹⁴⁷Sm in CaWO₄ crystal (at the level of \approx 6 mBq/ kg) was also observed in Ref. [\[34\],](#page-14-0) where this crystal was operated as a low temperature bolometer with very good energy resolution for alpha particles.

Besides, the raw background data (Fig. 3) were analyzed by the time–amplitude method, when the energy and arrival time of each event were used for selection of some decay chains in 232 Th, 235 U and 238 U families. For instance, the following sequence of α decays from the ²³²Th family (which is in equilibrium with ²²⁸Th) was searched for and observed: ²²⁰Rn (Q_{α} = 6.40 MeV) \rightarrow ²¹⁶Po (Q_{α} = 6.91 MeV, $T_{1/2} = 0.145 \text{ s} \rightarrow {}^{212}\text{Pb}$. Because the energy of α particles from ²²⁰Rn decay corresponds to

 \approx 1.6 MeV in γ scale of CaWO₄ detector, the events in the energy region 1.4–2.2 MeV were used as triggers.Then all events (with appropriate energies) following the triggers in the time interval 20– 600 ms (containing 85% of ²¹⁶Po decays) were selected. The obtained α peaks (the α nature of events was confirmed by the pulse-shape analysis described above), as well as the distributions of the time intervals between events are in a good agreement with those expected for a particles of 220 Rn \rightarrow 216 Po \rightarrow 212 Pb chain [\[45\]](#page-14-0) (see Fig. 5). On this basis the activity of ²²⁸Th in the CaWO₄ crystal was calculated as 0.6(2) mBq/kg, which is in a good agreement with activity of 232 Th $(0.69(10)$ mBq/kg) determined from α spectrum. The α peak with the energy $E_{\alpha} \approx 7.3$ MeV, which is present in the energy distribution of the second event, can be attributed to ²¹⁵Po from ²³⁵U family. Corresponding activity of 227 Ac in the crystal is 1.6(3) mBq/kg.

Similarly for the analysis of the $226Ra$ chain (238 U family) the following sequence of β and α decays was used: ²¹⁴Bi $(Q_\beta = 3.27 \text{ MeV}) \rightarrow$ ²¹⁴Po $(Q_{\alpha} = 7.83 \text{ MeV}, T_{1/2} = 164 \text{ }\mu\text{s}) \rightarrow {}^{210}\text{Pb}$. To select the β decays of the ²¹⁴Bi, the lower energy threshold was set at 0.18 MeV , while for the α decay of 214Po the energy window 1.6–2.4 MeV was chosen.

Fig. 5. Alpha peaks of 2^{20} Rn and 2^{16} Po selected by the time– amplitude analysis from the data accumulated with the $CaWO₄$ detector. (Inset) The distribution of the time intervals between the first and second events (dots) together with the exponential fit (line). Obtained half-life of $^{216}P_0$ (0.17 ± 0.04 s) is in an agreement with the table value: 0.145(2) s [\[45\]](#page-14-0).

Time interval of 90–500 μ s (56% of ²¹⁴Po decays) was used. The obtained spectra lead to the ²²⁶Ra activity in the $CaWO₄$ crystal equal to 5.6(5) mBq/kg, which value agrees with that derived on the basis of 218 Po peak in α spectrum— 5.9(8) mBq/kg.

Finally, let us analyze the energy spectrum of $\beta(\gamma)$ events selected with the help of the pulseshape technique and presented in Fig.6.The background in the very low energy part of the β spectrum (see Inset in Fig. 6) is mainly due to β decay of ²¹⁰Pb (Q_β = 64 keV), whose measured activity is consistent with that determined from the α peak of ²¹⁰Po. The counting rate for the $\beta(\gamma)$ spectrum above the energy threshold of 0.2 MeV is ≈ 0.45 counts/(s kg). The contribution of the external γ rays to this background rate was estimated as small as $\approx 2\%$, by using results of measurements with $CdWO₄$ crystal (mass of 0.448 kg) installed in the same low background set-up (see Fig. 3). Therefore, the remaining $\beta(\gamma)$ events are caused by the intrinsic contaminations of the CaWO₄ crystal. The major part of this β activity can be ascribed to: 210 Bi (daughter of 210 Pb) \approx 0.3 Bq/kg; 234m Pa-14 mBq/kg; 214 Pb $234mPa-14$ mBq/kg; $214Pb$ and ²¹⁴Bi (²³⁸U family)— \approx 9 mBq/kg; ²¹¹Pb (²³⁵U family)— \approx 2 mBq/kg. The residual (\approx 0.13 counts/

Fig. 6. Energy spectrum of $\beta(\gamma)$ events selected by the pulseshape analysis from background data of Fig. 3 measured with the CaWO₄ detector. It is described by β spectra of ²¹⁰Bi $(Q_\beta = 1.16 \text{ MeV})$, ²¹⁴Pb ($Q_\beta = 1.02 \text{ MeV}$), ²¹¹Pb ($Q_\beta = 1.37 \text{ MeV}$), ²³⁴mPa ($Q_\beta = 2.27 \text{ MeV}$), and ²¹⁴Bi ($Q_\beta = 3.27 \text{ MeV}$). (Inset) In the low energy region the background (measured during 15.8 h) is caused mainly by β decay of ²¹⁰Pb (Q_β = 64 keV).

(s kg)) could be explained by broken equilibrium in ²¹⁰Bi \rightarrow ²¹⁰Po chain, and/or by other β active impurities $(^{40}K, ^{90}Sr)$ in equilibrium with ^{90}Y , $137Cs$, etc.) probably present in the crystal.

The summary of the measured radioactive contamination of the $CaWO₄$ crystal scintillator (or limits on their activities) is given in Table 3, again comparison with the $CdWO₄$ detectors [\[14,38,46\]](#page-13-0). From this comparison one can see that radioactive impurities in the $CaWO₄$ crystals (available at present) are much higher (by factor of $10-10^3$) than those of the CdWO₄ scintillators. To understand the origin of the radioactive contamination of the $CaWO₄$ scintillator, row materials for $CaWO₄$ crystal growing (calcium carbonate and tungsten oxide) were measured in the low background set-up, based on $CdWO₄$ scintillator of large mass (\approx 1 kg), in the Solotvina Underground Laboratory.It is clear from these measurements, than the large U/Th contamination of the $CaWO₄ crystal (in contrast with CdWO₄) can be$ explained by radioactive contamination of the calcium carbonate compound used for the crystal growing.

Nevertheless, it is remarkable that in the $\beta(\gamma)$ spectrum of the $CaWO₄$ detector (Fig. 6) measured during 1734 h there are only 5 background counts in the energy region 3.6–5.4 MeV, that is, the

Table 3 Radioactive contaminations in $CaWO₄$ and $CdWO₄$ scintillators

 a In some CdWO₄ crystals only limits on corresponding activities were found: 228 Th— \leq 0.003 mBq/kg, 137 Cs— \leq 0.3 mBq/kg.

background rate equals 0.07 counts/(yr kg keV). At the same time, in that energy interval of the initial spectrum [\(Fig.3](#page-6-0)) there exists the broad distribution. It can be attributed to: (i) the $\beta \rightarrow \alpha$ decays of $^{214}Bi \rightarrow ^{214}Po \rightarrow ^{208}Pb$ $(^{238}U$ family)—these events were tagged by the time–amplitude and pulse-shape discrimination techniques as described above; (ii) the fast $\beta \rightarrow \alpha$ sequence of ²¹²Bi $(Q_\beta = 2254 \text{ keV}) \rightarrow {}^{212}\text{Po}$ $(E_\alpha = 8784 \text{ keV}, T_{1/2} =$ $(0.299 \,\mu s) \rightarrow {}^{208}\text{Pb}$ (²³²Th family). Since two decays in the last (and fast) chain can not be time-resolved in the CaWO₄ scintillator (with decay time \simeq 8 µs), they will result in one event registered by the detector.However, because the shape indicator of such an event is different than those for pure α and β pulses, this component of the detector background was effectively rejected by the pulse-shape analysis. Five counts, remaining in the 3.6–5.4 MeV interval, most probably belong to β decay of ²⁰⁸Tl.

3. Discussion

3.1. CaWO₄ crystals for 2β decay search

Calcium tungstate crystals contain several potentially 2β decaying nuclides, including ^{48}Ca (see Table 4). As mentioned in Section 1, due to the highest $Q_{\beta\beta}$ energy of ⁴⁸Ca this nuclide would be of utmost interest for the future 2β experiments. At the same time, $CaWO₄$ scintillator is a promising detector for $0\nu2\beta$ decay search of ⁴⁸Ca because of its good energy resolution and excellent pulseshape discrimination ability, which allow one to reduce background in the energy region of interest effectively.

Table 4 Double β decay candidates present in CaWO₄ crystals

Transition	Mass difference	Isotopic abundance
(decay channel)	(keV) [29]	$(\%)$ [44]
$^{40}Ca \rightarrow ^{40}Ar(2ε)$	193.62(0.21)	96.941(0.156)
⁴⁶ Ca → ⁴⁶ Ti (2β ⁻)	988.3(2.2)	0.004(0.003)
⁴⁸ Ca → ⁴⁸ Ti (2β ⁻)	4274(4)	0.187(0.021)
$^{180}W \rightarrow$ $^{180}Hf(2\varepsilon)$	144(4)	0.12(0.01)
${}^{186}\text{W} \rightarrow {}^{186}\text{Os} (2\beta^-)$	489.9(1.4)	28.43(0.19)

To prove this statement, let us estimate the halflife limit on the neutrinoless 2β decay of ⁴⁸Ca, which could be derived on the basis of our measurements with the $CaWO₄$ detector, whose background spectrum is depicted in [Fig.6](#page-7-0).As it is described in Section 1, in the low background set-up the resolution of the $CaWO₄$ detector $(40 \times 34 \times 23 \text{ mm})$ was measured with γ sources in the energy range $60-2615 \text{ keV}$. In particular, at 2.6 MeV (γ line of ²⁰⁸Tl) the FWHM = 132 keV (5.1%). By extrapolating the measured energy dependence, we get the FWHM = 170 keV (4%) value at 4.27 MeV. Therefore, the $0v2\beta$ decay of 48 Ca, if it occurred, should be seen as the sharp peak centred at the energy 4.27 MeV. To derive the half-life limit, we use the known formula: $\lim T_{1/2} = \ln 2 \cdot N \cdot \eta \cdot t / \lim S$, where $N = 7.4 \times 10^{20}$ is number of ⁴⁸Ca nuclei, $t = 1734$ h is the measuring time, $\eta = 0.87$ is the detection efficiency, and $\lim S$ is the number of events in the peak which can be excluded with a given confidence level on the basis of experimental spectrum.In the area of the $0\nu2\beta$ peak there are only two counts, while the background expected in the same energy region was calculated as 2.9 counts (taking into account the intrinsic contamination of the CaWO4 crystal and its simulated response function for 232 Th decay chain). Thus, in accordance with the Particle Data Group recommendations [\[47\]](#page-14-0) we can accept $\lim S \approx 1.5$ counts at 68% C.L., which gives the half-life limit: $T_{1/2}^{0\nu} > 6 \times 10^{19}$ yr. Obviously, this pilot limit (obtained with the small non-enriched crystal) is modest as compared with those achieved in previous experiments $(\approx 10^{21} 10^{22}$ yr), where enriched 48 Ca sources [\[48,49\]](#page-14-0) or CaF₂(Eu) crystals of large volume (\approx 2300 cm³) [\[12\]](#page-13-0) were used.

On this basis, a CARVEL (CAlcium Research for VEry Low neutrino mass) project with \approx 100 kg array of enriched ⁴⁸CaWO₄ crystal scintillators is proposed. The detector array includes 50 modules, each of them consists of the cylindrical $^{48}CaWO_4$ crystal (\varnothing 7.5 × 7.5 cm), which is viewed from opposite sides by two ultra-low background 5 " PMT-s through two light-guides 10 cm in diameter and 70 cm long.Each light-guide is glued of two parts: high purity quartz (40 cm) and plastic scintillator (30 cm). The whole crystal array is surrounded by an active shield made of plastic scintillator, thus, together with active light-guides, a complete 4π active shield of main detectors is provided.The outer passive shield is made of copper (5 cm), lead (30 cm) and polyethylene (16 cm).

The sensitivity of the experiment depends on the source mass (\approx 16 kg of ⁴⁸Ca) and detector background in the $0v2\beta$ decay window of ⁴⁸Ca. The possible sources of background are as follows: (i) radioactive contamination of $^{48}CaWO_4$ crystals by 228Th and 226Ra; (ii) cosmogenic activities in $^{48}CaWO_4$; (iii) external background; (iv) beta decay and two neutrino 2β decay of ⁴⁸Ca.

For our background calculation the contamination criterion for 228 Th has been accepted as \approx 5 µBq/kg, whose achievement is a realistic task—we recall that the actual radiopurity of some samples of $CdWO₄$ crystals is even better (see [Table 3\)](#page-8-0). Besides, the $226Ra$ activity in CaWO₄ crystals should be reduced to the level $\approx 20 \mu Bg$ kg.It will allow one to reject background from 208 Tl in the crystals by tagging α event from the preceding 212 Bi decay. The 228 Th activity of 100 kg detector corresponds to $\approx 1.6 \times 10^5$ decays during 10 yr measuring period.According to our Monte Carlo simulation, the calculated background contribution to the energy window 4.17–4.38 MeV from the ²²⁸Th activity is \approx 700 counts. However, applying the time–amplitude analysis and pulseshape discrimination technique, this background rate can be reduced to \approx 1.7 events for 10 yr exposure. It should be noted, that required radiopurity of the $^{48}CaWO_4$ detectors is less severe than that for the other high sensitivity 2β decay projects with ⁷⁶Ge [\[50–52\],](#page-14-0) ¹⁰⁰Mo [\[53\]](#page-14-0), ¹³⁰Te [\[54\]](#page-14-0) and ¹³⁶Xe [\[55\]](#page-14-0).

While the background associated with the secondary cosmic rays can be reduced to the necessary level by the proper deep underground site for a 2β decay experiment, the cosmogenic activities, produced in the ⁴⁸CaWO₄ detectors during their stay on the Earth's surface, could be dangerous.For our case these activities were calculated with the program COSMO [\[56\]](#page-14-0), assuming one month exposure period on the Earth's surface and a deactivation time of 1 yr underground.Fortunately, it was found that among a total number of 158 nuclides with $T_{1/2} > 25$ d produced in $^{48}CaWO₄$ crystals there are none, which can contribute to background in the energy window of the 48 Ca neutrinoless 2 β decay. Apparently, it is due to the high $Q_{\beta\beta}$ energy of ⁴⁸Ca. We recall that, on the contrary, the cosmogenic activation of the detectors would be a serious problem for the future 2β projects with other nuclides, whose $Q_{\beta\beta}$ ener-gies are smaller (76Ge [\[50–52\],](#page-14-0) 100 Mo [\[53\],](#page-14-0) 116 Cd [\[57\],](#page-14-0) 130 Te [\[54\]](#page-14-0)). For example, cosmogenic activation of one ton array of HP Ge detectors enriched in 76Ge to 86% were calculated in [\[50,51\],](#page-14-0) where it was shown that remaining activities of ^{22}Na , ^{60}Co and ${}^{68}Ga$ (10–100 µBq) would create noticeable background near the energy 2039 keV ($Q_{\beta\beta}$ value of 76 Ge).

Similarly, the large $Q_{\beta\beta}$ value of ⁴⁸Ca makes requirements to the radiopurity of the materials for the detector mount and shield less stringent than those for the other experiments. For instance, in the project GENIUS [\[51\]](#page-14-0) it is foreseen to shield HP ⁷⁶Ge semiconductor detectors with the help of \approx 1000 t of liquid nitrogen, whose radiopurity must be as low as $\approx 10^{-15}$ g/g for ⁴⁰K, ²³⁸U and ²³²Th. The project CAMEO [\[57\]](#page-14-0) intends to use \approx 1000 t of super high purity water or liquid scintillator $(\approx 10^{-15} \text{ g/g}$ for ²³⁸U and ²³²Th) as a shield for 116 CdWO₄ crystals. Because of a low density $(\leq 1 \text{ g/cm}^3)$ of these liquids (nitrogen, water, scintillator) the necessary dimensions of the shields are huge (\approx Ø12 × 12 m) [\[51,57\].](#page-14-0) On the contrary, in our ⁴⁸Ca project the "conventional" high purity $(10^{-10} - 10^{-12} \text{ g/g} \text{ for }^{238} \text{U} \text{ and }^{232} \text{Th}) \text{ construct}$ tional and shielding materials (plastic, copper, steel, lead) can be used. It was proved by our calculations, that with such ''conventional'' passive and active shields, e.g., similar to those used for 2β study of 116 Cd with 116 CdWO₄ scintillators [\[14\],](#page-13-0) the background contributions from the radioactive impurities in the materials of the set-up, as well as from the surroundings (γ and neutron fluxes) would be negligible. For example, 10^{-10} g/ g for 232 Th and 238 U contaminations of 4 t copper and 30 t lead shield correspond to rather high activities: 232 Th—14 Bq (Pb) and 1.6 Bq (Cu); 238 U—42 Bq (Pb) and 4.8 Bq (Cu). However, only events with simultaneous registration in the CaWO₄ detectors of two γ quanta are dangerous (there are no single γ rays with the energy more than 3.2 MeV in the 232 Th and 238 U chains). The

probability of random coincidence of two events (from activities of ≈ 50 Bq) in the time window 20 µs is $\approx 5 \times 10^{-2}$. This number should be multiplied on probability that both γ quanta will be not absorbed in Cu and Pb shield, then, the efficiency of registration by $CaWO₄$ detectors must be taken into account too.In accordance with our calculation, the number of events detected during 10 yr from 2.6 MeV γ rays originating in Cu shield is $\approx 10^{-3}$, that is completely negligible (it is even less for the Pb shield located farther of detectors).

One should note also that dense shielding materials (copper, steel, lead) reduce dimensions of the set-up substantially and, hence, would make realization of the project much simpler and less expensive. Besides, the problem of the omnipresent $222Rn$ gas (which is the "nightmare" of any super-low background experiments in the field of solar neutrinos detection, 2^β decay and dark matter searches, etc. [\[58\]](#page-14-0)) can be also neglected because of very high $Q_{\beta\beta}$ value of ⁴⁸Ca. It is because among all daughters of 222 Rn, beta active ²¹⁴Bi has the largest Q_β value (3.27 MeV). In principle, a fast sequence of β decay of ²¹⁴Bi and α decay of 214Po could produce background events up to 5.5 MeV in $CaWO₄$ scintillator. However, such a background would be strongly suppressed with the help of the pulse-shape and time–amplitude analysis.

The irreducible background could be also caused by the β decay of ⁴⁸Ca, which is energetically allowed (Q_β = 278 keV), followed by the β decay of ⁴⁸Sc (Q_B = 3994 keV, $T_{1/2} \approx 44$ h) [\[45\]](#page-14-0). However, because of a small available energy and large change in spin, the β decay of ^{48}Ca is strongly suppressed (up-to-date only half-life limit of the order of 10^{20} yr was set experimentally for this transition $[59]$. Due to this, and taking into account the time and energy distributions of both (48 Ca and 48 Sc) β spectra, the contribution of the sequence of two β decays $(^{48}Ca \rightarrow ^{48}Sc \rightarrow ^{48}Ti)$ to background in the energy window of the $0\nu2\beta$ decay of 48Ca is negligible.

Finally, let us consider the irreducible background, which could be produced by the $2\nu2\beta$ decay events with the energies close to the $Q_{\beta\beta}$ value of 48Ca.Because the better the energy resolution of the detector, the lower is the contribution of such events, the energy resolution is crucial for the success of the proposed experiment.Thus, we have to justify the feasibility to achieve the proper energy resolution with the $CaWO₄$ crystal scintillator.

The relative energy resolution of an ideal scintillation detector can be expressed by the formula [\[42\]:](#page-14-0) FWHM = $2.36/\sqrt{N_{\text{pe}}}$, where N_{pe} is the mean number of photoelectrons produced by PMT photocathode.The latter can be written as a product: $N_{\text{pe}} = N_{\text{ph}} \times E \times \text{LC} \times \text{QE}$, where N_{ph} is a mean number of photons created in a scintillator per 1 MeV of the energy deposit E , LC is the part of photons arrived to the photocathode of the PMT, and QE is quantum efficiency of the photocathode to photons emitted by the scintillator.Because the value of the photon yield (N_{ph}) of the $CaWO₄$ scintillator is not available in the literature, we have estimated it in the relative measurements with two crystals: $CaWO₄$ (\varnothing 40 × 39 mm) and NaI(Tl) \emptyset 40 × 40 mm. The light yield of the NaI(Tl) is $(3.8-4.3) \times 10^4$ photons per 1 MeV [\[60\].](#page-14-0) Both crystals were coupled to the same PMT XP2412 with the bialkali photocathode, hence, the QE values were calculated as the convolution of the emission spectrum of the corresponding scintillator (taken for $CaWO₄$ from [\[61\]](#page-14-0)) and spectral sensitivity of the XP2412 photocathode: $QE(NaI(T)) = 0.24$; $QE(CaWO₄) = 0.22$. The relative (to NaI(Tl)) pulse amplitude of the $CaWO₄$ scintillator for γ lines of ¹³⁷Cs (661 keV) and 207 Bi (570 and 1064 keV) has been measured as 0.18. The light collection efficiencies for the NaI(Tl) and CaWO₄ detectors were calculated with the help of GEANT4 code [\[62\]](#page-14-0) as 65% and 52% , respectively. On this basis we can estimate photon yield of CaWO4 scintillators as (0.8– 1.2×10^4 photons per 1 MeV, that is $\approx 4 \times 10^4$ photons for 4.27 MeV. Therefore, with the slightly increased to $65-70\%$ light collection the $0\nu2\beta$ decay peak of 48Ca could be measured with the energy resolution of FWHM $\approx 2.8\%$.

This optimistic theoretical estimate has been proved in the measurements. Because the high refractive index of the $CaWO₄$ crystal is the main cause which reduces the total collection of a scintillation light, we have tried to improve it by placing the CaWO₄ crystal in liquid (with the CdWO₄ crystal a \approx 40% increase of the light collection was obtained [\[57\]\)](#page-14-0). With this aim, a cylindrical $CaWO₄$ crystal (\emptyset 40 × 39 mm) was fixed in the centre of a teflon container with inner diameter 70 mm. The latter was coupled on opposite sides with two PMTs Philips XP2412, so that the distance from each flat surface of the crystal to the corresponding PMT's photocathode was 25 mm. The container was filled up with the pure and transparent silicon oil (refractive index \approx 1.5). The results of measurements with ${}^{60}Co$, ${}^{137}Cs$ and ${}^{232}Th \gamma$ sources are depicted in [Fig.1](#page-4-0), where spectra obtained with the standard detector arrangement $(CaWO₄ crystal)$ wrapped by teflon reflector and directly coupled to the PMT photocathode with optical glue) are also shown.By comparing these spectra, one can find that $\approx 20\%$ increase of light collection was reached with the $CaWO₄$ crystal placed in the liquid.It resulted in improvement of the detector energy resolution in the whole energy region for example, at 2.6 MeV the measured FWHM resolution is equal to 3.8% (see [Fig.1](#page-4-0)c).A fit of the data measured with various γ sources gives FWHM \approx 2.9% at 4.27 MeV. On this basis we assume for the CARVEL project a modest improvement of the energy resolution of CaWO4 scintillators at $Q_{\beta\beta}$ energy up to FWHM $\approx 2.5\%$. Such an advancement of the energy resolution would be achieved as a result of further purification of the crystals, which will improve their optical transmission (our Monte Carlo calculations show that increase of the $CaWO₄$ absorption length from current ≈ 30 cm to 70–90 cm would enlarge a total light collection to 75–80%).

The response functions of the set-up with 100 kg ⁴⁸CaWO₄ crystals (and 10 yr measuring period) for $2v2\beta$ decay of ⁴⁸Ca ($T_{1/2}^{2v} = 4 \times 10^{19}$ yr) and $0\nu 2\beta$ decay with $T_{1/2}^{0\nu} = 10^{26}$ yr are shown in [Fig.7.](#page-12-0)One can see that due to a good energy resolution the contribution of the $2v$ tail to the energy window of the $0v$ peak is rather small. On the other hand, it is obvious from [Fig.7](#page-12-0) that neutrinoless 2 β decay of ⁴⁸Ca with half-life of $\approx 10^{26}$ yr would be clearly distinguished from the $2\nu2\beta$ decay distribution.

Taking into account number of ⁴⁸Ca nuclei $(\approx 2 \times 10^{26})$ and measuring time of about 10 yr, we can estimate sensitivity of the experiment in

Fig. 7. The response functions of the set-up with 100 kg $48CaWO₄$ crystals (10 yr measuring time) for 2 β decay of $48Ca$: $T_{1/2}^{2\nu} = 4 \times 10^{19}$ yr and $T_{1/2}^{0\nu} = 10^{26}$ yr.

terms of the half-life limit for $0v2\beta$ decay of ^{48}Ca as $\approx 10^{27}$ yr. The latter translates to the constraints on the Majorana neutrino mass in the range (0.04– 0.09) eV, depending on the nuclear matrix elements calculations used (the following $T_{1/2}^{0\nu} \cdot \langle m_{\nu} \rangle^2$ values (in $yr eV^2$) were obtained with the shell model calculations: 3.2×10^{24} [\[63\]](#page-14-0), 1.7×10^{25} [\[64\]](#page-14-0), 5.3×10^{24} [\[65\],](#page-14-0) $(6.4–7.8) \times 10^{24}$ [\[66\]](#page-14-0), 8.8×10^{24} [\[67\],](#page-14-0) while QRPA resulted in: 1.5×10^{24} [\[64\]](#page-14-0), 7.1×10^{23} [\[65\],](#page-14-0) $(1.1-3.3) \times 10^{24}$ [\[68\]](#page-14-0), 2.5×10^{24} 2.8×10^{25} [\[69\]](#page-14-0), 2.3×10^{24} [\[70\]\)](#page-14-0). The proposed technique with $^{48}CaWO_4$ crystal scintillators is simple and reliable, thus, such an experiment can run stably for decades.

Obviously, to get such an impressive result, which would be of great interest for modern physics, the problems of a large mass production and purification of enriched 48 Ca should be solved, which is actively considered now.For example, a new project MCIRI [\[71\]](#page-14-0) for the large mass production of ⁴⁸Ca and some other isotopes by the method of ion cyclotron resonance heating in plasma is under development by the Kurchatov Institute (Moscow, Russia) and JINR (Dubna). Besides, the AVLIS (Atomic Vapor Laser Isotope Separation) technique is planned to be used for the same purpose in the USA.

There exists another ⁴⁸Ca project CANDLES [\[72\]](#page-14-0) which intends to use non-enriched $CaF₂$ crystal scintillators as active source. The crystals would be immersed in the liquid scintillator, which serves as an active and passive shielding against

radiation. Because $CaF₂$ crystals emit UV light, which can not be registered with the help of usual PMT-s, it is supposed to put each crystal in the transparent container filled with the liquid wavelength shifter. Then the usual light from these containers, propagating in the liquid scintillator, would be collected by the large number of distant PMT-s. The CANDLES sensitivity estimates for the two final stages are as follows: $m_v \le 0.5$ eV (with 200 kg of crystals) and 0.15 eV (with 3.2 t of crystals).

It should be mentioned encouraging results obtained with $CaF₂$ crystal with Eu doping as a scin-tillating bolometer [\[73\]](#page-14-0). This allows separate effectively the electrons emitted in double beta decay from α particles. In addition, thermal detectors provide excellent energy resolution.A disadvantage of these detectors often is instability of operation during long time measurements, which is important for double beta decay experiments.

3.2. Dark matter search

As it was mentioned in Section 1, the calcium tungstate crystals are promising low temperature detectors for the dark matter particles quest. It is because these crystals allow one the simultaneous registration of the heat and light signals, which, as it was already demonstrated, is a powerful tool for background rejection [\[33,34\].](#page-14-0)Therefore, the CaWO4 detectors could provide an interesting possibility to search for spin-dependent inelastic scattering of WIMPs with excitation of $183W$ (spin 1/ 2-) low-energy nuclear level (46.5 keV). Identification of such "mixed" (nuclear recoil plus γ quanta) events can be possible due to registration of heat and light signals, which ratio is different from those of "pure" nuclear recoil or $\gamma(\beta)$ events. The natural isotopic abundance of $183W$ is 14.3%, thus non-enriched CaWO4 crystals can be utilized.

However, the radioactive contamination of the CaWO4 detectors available now (e.g., studied in the present work and in Refs. [\[33,34\]\)](#page-14-0) must be substantially improved to make them competitive for the dark matter and 2β decay searches. Aiming to obtain $CaWO₄$ crystals less contaminated, we are going to grow them from raw materials with the preliminary check of their radioactive

contamination.The method of low-background measurements (developed in the present work on the basis of the pulse-shape and time–amplitude analysis) provides simple and rather fast way to control radioactive contamination of $CaWO₄$ crystals. The sensitivities are: (i) some tens of μ Bq/kg for ²²⁸Th, ²²⁶Ra, and ²²⁷Ac; (ii) few hundred of μ Bq/kg for ¹⁴⁷Sm and long-living α active daughters of 232 Th and 238 U; (iii) a few mBq/kg for 40 K, 137 Cs, 90 Sr⁻⁹⁰Y and beta active U–Th daughters.

Recently the CaWO₄ crystal (\emptyset 6 × 12 cm) with mass of 2 kg has been grown from the purified materials with the reduced radioactive contamination.The preliminary background measurement performed on the Earth surface gave us an encouraging result: the total internal alpha activity of 2 kg CaWO₄ crystal is \approx 20 mBq/kg, that is \approx 20 times lower than that reported above.

4. Conclusions

Scintillation properties of $CaWO₄$ crystal scintillators were studied.The energy resolution of $CaWO₄ detectors is similar to that of NaI(Tl) scin$ tillators (e.g., FWHM \approx 7% for the 662 keV γ line of ^{137}Cs , and FWHM = 3.8% for the 2615 keV γ line of 208 Tl). Due to the difference of CaWO₄ scintillation pulse shapes for α particles and γ quanta $(\beta$ particles), clear discrimination between them was achieved. Radioactive contaminations of the available $CaWO₄$ crystals are higher by factors from 10 to 10³ (e.g., activity of ²¹⁰Po is ≈ 0.3 Bq/ kg) than those of the $CdWO₄$ scintillators. Recently the CaWO4 crystal with mass of 2 kg has been grown from the radiopure materials. As a result its total internal alpha activity was reduced to \approx 20 mBq/kg, that is by factor \approx 20.

By applying the developed methods of the pulse-shape discrimination and time–amplitude analysis of data, the background of the ≈ 0.19 kg $CaWO₄$ detector in the energy region 3.6– 5.4 MeV has been reduced down to 0.07 counts/ ($yr \, keV \, kg$). It is one of the lowest background rates which has been reached in 2β decay experiments.Due to this the lower half-life limit on 0v2 β decay of ⁴⁸Ca has been set as $T_{1/2}^{0\nu} > 6 \times$ 10^{19} yr at 68% C.L. by using a *non-enriched* and rather small $CaWO₄$ crystal. It demonstrates good abilities of $CaWO₄$ detectors for 2 β decay study of ⁴⁸Ca, whose highest $Q_{\beta\beta}$ energy is the great advantage of this 2β candidate as compared with other nuclides.

On this basis, a CARVEL (CAlcium Research for VEry Low neutrino mass) project of the experiment with ≈ 100 kg array of enriched ⁴⁸CaWO₄ crystal scintillators (\approx 16 kg of ⁴⁸Ca) has been proposed.The sensitivity of such an experiment (in terms of the half-life limit) is estimated as $T_{1/2}^{0\nu} > 10^{27}$ yr, which corresponds to the neutrino mass constraint $m_v < (0.04 - 0.09)$ eV.

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